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# Which Type of Bike is Best for You?

Choosing the right type of bike for you can be a daunting task. In reality, it all boils down to exactly what you plan to use it for.

Here, we are going to look at several types of bicycle and discuss who they might be best for.

## Mountain Bike (MTB)

A mountain bike kind of gives the game away by virtue of its name. These bikes are designed for off-road cycling when brute force and strong grip are needed to deal with arduous trails.

However, they do also have applications for riding on the road. They're hardy bikes so, despite being heavier than their road-based counterparts, they cope well with a variety of terrains and conditions.

## Road Bike

Road bikes are also pretty much a dead giveaway, as they get their name from the surface they're designed to ride on; the road.

Road bikes are often very lightweight and, as a result, are perfect for long distances and high speeds. If endurance riding is your thing, then a road bike is your best bet.

They do also have uses aside from just endurance riding. Because they are lightweight and fast, you can use them for commuting over longer distances.

## Hybrid Bike

A hybrid bike is termed so as it is an amalgamation of a mountain bike and a road bike. It has slimmer wheels with less grip than a mountain bike, but without the dropped handlebar of the road bike.

This means you can adopt an upright position to ride. They also have a significantly more padded saddle than a road bike, so are more comfortable to sit on.

Hybrid bikes are good all-rounders. They are great for casual rides, cycling along cycle paths, and commuting over shorter distances.

## Electric Bike

A lot of cycling purists will sneer at the very mention of an electric bike. However, they are great fun to ride, as well as providing more accessibility to cycling to people who might lack the strength or ability to cover longer distances.

Electric bikes work by offering pedal-assistance, meaning a motor can power the front or rear wheel, rather than your legs. If you have a non-electric bike already, then you could always convert it into an electric bike.

An Electric bike is great for several things. Commuting to work is one, as it means you won't arrive at the office all hot and sweaty. Same if you are heading up a mountain road and want to check out the view as you ride.

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